Look for the Rockfish Gap sign, AT emblem, and white blaze designating access to the trail. You will have to step over the wooden guardrail and go down the stone stairs.

The Appalachian Trail Conservancy designated the City of Waynesboro an Appalachian Trail Community in 2012.

Waynesboro is located within three miles of the entrance to the Appalachian Trail. By nature of the city's proximity, Waynesboro lends itself as a resource for many hikers.

For more information on Waynesboro, please visit www.VisitWaynesboro.net

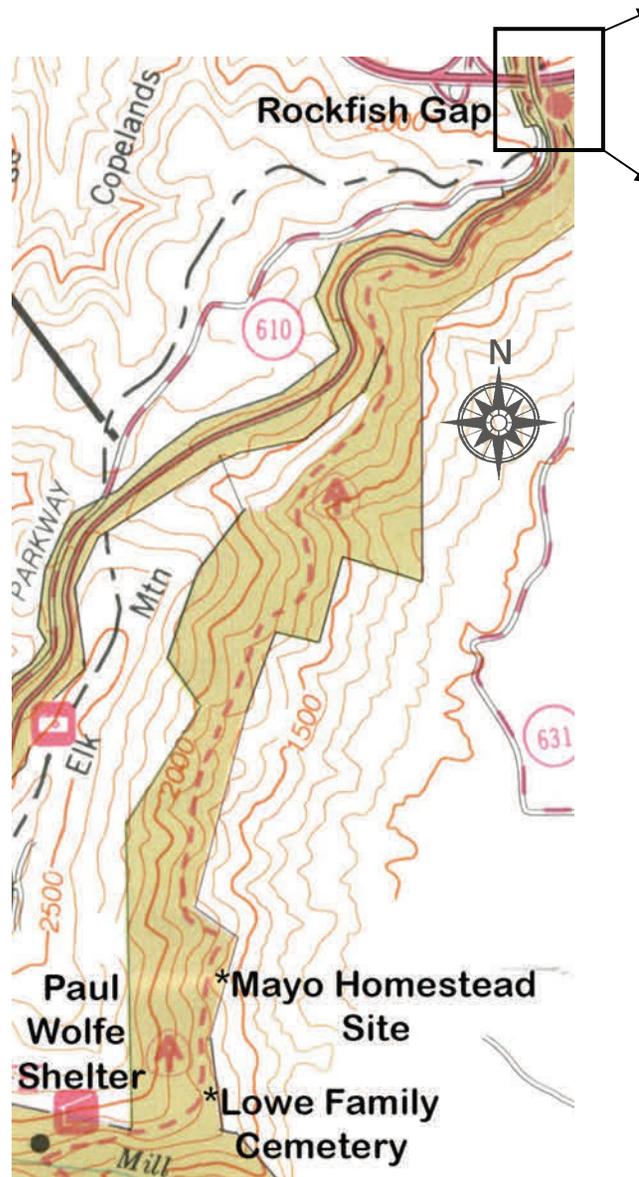# Accessing the Appalachian Trail from Waynesboro, VA

Appalachian Trail Hike: Rockfish Gap to Paul C. Wolfe Shelter

This walk starts at the stone bridge where the Blue Ridge Parkway meets the Skyline Drive. From Waynesboro travel east on US 250 to the top of the mountain, following signs to Shenandoah National Park and the Blue Ridge Parkway. Park at either the old Howard Johnson's or the parking lot just off the Skyline Drive. Access the AT at the Rockfish Gap sign. Depending on how long you want the hike to be, you may turn around at any point and return to your vehicle. Have a great hike!

<u>**Mile**</u>   Description

0   At the southern end of the I-64 overpass, the AT turns east at a guardrail opening, descends a stairway, and enters the woods. There is a kiosk with map where you enter the woods.

0.9   Cross marshy area with small streams and ascend

1.9   Cross small stream

3.2   Cross rocky area with small stream and ascend gradually

3.4   Pass remnants of Mayo Family homestead

4.0   Ascend right, passing rock piles from efforts of famers to clear land for planting

4.1   Pass remains of Lowe Family cemetery on left and begin gradual descent of Elk Mountain over long switchbacks

5.0   Reach Paul C Wolfe Shelter. Privy is uphill behind shelter, water is from Mill Creek, there is a swimming hole with waterfall just downstream.

There is a small parking area, suitable for passenger cars, just north of the Rockfish Gap sign and AT access point.

Look for the "white blaze" to signify you are on the right track!